



**ST TAMMANY PARISH PUBLIC SCHOOLS
BREAKFAST MENUS FOR ALL GRADES
OCTOBER 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Non-Fat Flavored Yogurt OR Chilled Fruit Parfait Chilled Sliced Oranges Chilled Apple Juice	2 N'awlins Style Beignets CranRaisins Chilled Orange Juice	3 Flaky Biscuit Sausage Patty Creamy Southern Grits Chilled Honeydew Chilled Fruit Blend Juice	4 NATIONAL CINNAMON ROLL DAY School Made Cinnamon Roll Bananas Chilled Apple Juice	5 PARISH FAIR HOLIDAY
8 Homestyle Waffles OR French Toast Chilled Sliced Oranges Chilled Apple Juice	9 N'awlins Style Beignets Raisins Chilled Orange Juice	10 Flaky Biscuit Sausage Patty Chilled Apples Chilled Fruit Blend Juice	11 WORLD EGG DAY Fluffy Scrambled Eggs w/ Toast Creamy Southern Grits Bananas Chilled Apple Juices	12 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
15 Breakfast Pizza OR Flaky Fruit Filled Pastry Chilled Sliced Oranges Chilled Apple Juice	16 N'awlins Style Beignets CranRaisins Chilled Orange Juice	17 Flaky Biscuit Sausage Patty Creamy Southern Grits Chilled Cantaloupe Chilled Fruit Blend Juice	18 Hot Ham & Cheese Wrap Bananas Chilled Apple Juice	19 School Made Cinnamon Roll Chilled Applesauce Chilled Fruit Blend Juice
22 Pancake Sausage on Stick Chilled Sliced Oranges Chilled Apple Juice	23 N'awlins Style Beignets Raisins Chilled Orange Juice	24 Flaky Biscuit Sausage Patty Chilled Apples Chilled Fruit Blend Juice	25 Breakfast Burrito OR Fluffy Scrambled Eggs w/ Toast Creamy Southern Grits Bananas Chilled Apple Juice	26 School Made Cinnamon Roll Chilled Peaches Chilled Fruit Blend Juice
29 NATIONAL OATMEAL DAY Oatmeal OR Non-Fat Flavored Yogurt Chilled Slices Oranges Chilled Apple Juice	30 N'awlins Style Beignets CranRaisins Chilled Orange Juice	31 Flaky Biscuit Sausage Patty Creamy Southern Grits Chilled Kiwi Chilled Fruit Blend Juice	BREAKFAST PRICES: Reduced (PK-12) \$0.30 Full Price (PK-6) \$0.75 Full Price (7-12) \$0.75 Eligible Adults \$1.50 Visitors \$2.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Assorted Cereal w/ Toast

This institution is an equal opportunity provider. Menus are subject to change.