




**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
FEBRUARY 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies   Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese			1 Main Line: Pepperoni Pizza Applesauce & Kiwi Garden Green Salad Seasoned Corn Dipping Marinara Chocolate Chip Cookie
4 Mail Line: Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Bites Pears & Apples Crispy Baby Carrots Fresh Broccoli Florets Macaroni & Cheese Fresh Baked Roll	5 Main Line: Beef Burrito w/ Fixings Tropical Fruit & FZ Fruit Cup Fiesta Black Beans Take Out Line: Nachos Supreme Crisp Lettuce Diced Tomatoes Fiesta Black Beans	6 Main Line: Pork Roast w/ Rice & Gravy Southern Baked Apples Strawberries Sweet Potato Casserole Cauliflower Florets Fresh School Made Roll Take Out Line: Fish Patty Sandwich OR Meatball Sub Crisp Lettuce French Fries	7 Main Line: Comfort Food Shepherd's Pie Tropical Fruit & Melons Zucchini & Squash Creamy Mashed Potatoes Gravy Fresh Baked Roll Cake Take Out Line: Chicken Patty Sandwich Crisp Lettuce Regular OR Sweet Potato Fries	8 Main Line: Hamburger Peaches & Bananas Crisp Lettuce Sliced Tomatoes French Fries Rice Crispy Treat
11 Main Line: Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Bites Tropical Fruit & Oranges Creamy Mashed Potatoes W/Gravy Garden Green Salad School Made Roll	12 Main Line: General Tso Chicken OR Korean BBQ Beef w/ Broccoli Pineapple & Applesauce Steamed Broccoli Fresh Crisp Carrots Breadstick Chocolate Chip Cookie Take Out Line: BBQ Chicken Sandwich French Fries	13 Main Line: Creamy Chicken Fettuccini Peaches & FZ Fruit Cup Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick Take Out Line: Philly Cheese Steak Sandwich Fresh Lettuce Sliced Tomatoes French Fries	14 Main Line: Baked Potato Supreme OR Sweet Potato W/ Chili & Fixings Apple Juice & Bananas Garden Green Salad Texas Toast Fudgy Brownie Take Out Line: Hot Pepperoni Pizza	15 Main Line: Classic Chicken Sandwich OR Kick'n Chicken Sandwich Pears & Kiwi French Fries Lettuce Green Leaf Baked Beans
18 Main Line: Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Bites Peaches & Apples Fresh Green Salad Tasty Green Peas Macaroni & Cheese Texas Toast	19 Main Line: Beef Tacos w/ Fixings Pears & FZ Fruit Cup Seasoned Corn Take Out Line: Classic Chicken Sandwich OR Kick'n Chicken Sandwich w/ Lettuce and Tomato French Fries	20 Main Line: Kick'n Chicken Gumbo Grapes & Tropical Fruit Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Meatball Sub w/ Marinara French Fries	21 Main Line: Finger Lick'n Roasted Chicken Applesauce & Melons Creamy Cole Slaw Louisiana Red Beans & Rice Fresh Baked Biscuit Take Out Line: Hot Dog OR BBQ Pork Sandwich Regular OR Sweet Potato Fries	22 Main Line: Homestyle Hamburger Bananas & Strawberry Cups French Fries Crispy Lettuce Sliced Tomatoes Cake
25 Main Line: General TSO'S Chicken w/Rice Pineapple & Oranges Garden Green Salad Fresh Baby Carrots Fresh Baked Breadstick	26 Main Line: Italian Meat Sauce w/ Pasta OR Ravioli w/ Marinara Tropical Fruit & Raisins Seasoned Green Beans French Bread Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Fresh Crisp Lettuce Bayou Baked Beans French Fries	27 Main Line: Chicken Fajita W/Fixings Zesty Refried Beans Fruit Crisp & FZ Fruit Cup Crispy Lettuce Salsa Take Out Line: BBQ Pork OR Chicken Sandwich Crispy Carrot Sticks French Fries	28 Main Line: Southern Fried Catfish Pears & Bananas Fresh Baked Sweet OR Regular Potato Creamy Cole Slaw Fresh Baked Roll Take Out Line: Homestyle Hamburger Crisp Lettuce Sliced Tomatoes French Fries	

This institution is an equal opportunity provider. Menus are subject to change.