



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
OCTOBER 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
2 Main Line: Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Chilled Fruit Fresh Broccoli Florets Mashed Potatoes School Made Roll	3 Main Line: Ravioli and Marinara Chilled Fruit Fresh Tossed Salad Garlic Breadstick Chocolate Chip Cookie Take Out Line: Hot Dog W/Chili Vegetable Blend Juice French Fries	4 National Taco Day Main Line: Beef Tacos w/ Fixings OR Beefy Burrito Chilled Fruit Seasoned Corn Fresh Cinnamon Breadstick Take Out Line: Homestyle Hamburger w/ Lettuce and Tomato French Fries	5 Main Line: Classic Chicken Sandwich OR Kick'n Chicken Sandwich Chilled Fruit w/ Lettuce and Tomato French Fries Baked Beans	6 PARISH FAIR HOLIDAY
9 Main Line: Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Chilled Fruit Salad Tasty Green Peas Mac-n-Cheese Fresh Baked Roll	10 Main Line: Breezy Beefy Mac Chilled Fruit Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick Take Out Line: Kick'n Chicken OR Classic Chicken Sandwich Cheese Slices French Fries Fresh Lettuce Sliced Tomatoes	11 Main Line: Finger Lick'n Baked Chicken Chilled Fruit Fresh Crisp Baby Carrots Louisiana Red Beans & Rice Fresh Baked Biscuit Take Out Line: Hot Dog W/Chili Crisp Baby Carrots French Fries	12 National Gumbo Day Main Line: Kick'n Chicken Gumbo Chilled Fruit Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Brown Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Meatball Sub w/ Marinara French Fries	13 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
16 Main Line: Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Chilled Fruit Garden Green Salad Cheesy Potato Au Gratin Fresh Baked Roll	17 National Pasta Day Main Line: Italian Meat Sauce w/Pasta Chilled Fruit Fresh Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Fresh Crisp Lettuce French Fries	18 Main Line: Cheesy Chicken Quesadilla Chilled Fruit Zesty Refried Beans Fruit Crisp Crispy Lettuce Salsa OR Diced Tomatoes Take Out Line: Hot Dog W/Chili Chilled Fruit Crispy Carrot Sticks French Fries	19 Main Line: Southern Fried Catfish Chilled Fruit Fresh Baked Potatoes Creamy Cole Slaw Fresh Baked Roll Take Out Line: Homestyle Hamburger Crisp Lettuce Sliced Tomato French Fries	20 Main Line: Stuffed Crust Pizza Pepperoni OR Chicken Quesadilla Chilled Fruit Garden Green Salad Seasoned Corn Fresh Salsa OR Dipping Marinara
23 Main Line: Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Chilled Fruit Crispy Baby Carrots Green Salad Macaroni & Cheese Fresh Baked Roll OR Texas Toast	24 Main Line: Beef Tacos w/ Fixings OR Burrito OR Nacho Supreme Refried Beans Take Out Line: Chicken Patty Sandwich OR Chicken Slider French Fries	25 Main Line: Turkey Roast w/Gravy Chilled Fruit Sweet Potato Casserole Cauliflower Florets Fresh Baked Roll Take Out Line: Fish Patty Sandwich OR Meatball Sub Lettuce French Fries	26 Main Line: Homemade Meatloaf Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Fresh Baked Roll Rice Crispie Treat Take Out Line: Crunchy Mozzarella Sticks Garden Green Salad Crispy Carrot Sticks Fresh Baked Breadstick	27 National Potato Day Main Line: Homestyle Hamburger Chilled Fruit Crisp Lettuce Sliced Tomato French Fries Chilled Fruit
30 Main Line: Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Chilled Fruit Fresh Broccoli Florets Fresh Baked Roll	31 Main Line: Ravioli and Marinara Chilled Fruit Fresh Tossed Salad Garlic Breadstick Chocolate Chip Cookie Take Out Line: Hot Dog W/Chili Vegetable Blend Juice French Fries		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies   Optional Daily Entrée: Non-Fat Flavored Yogurt w/ Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.