



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
JANUARY 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
1 WINTER/CHRISTMAS BREAK	2 WINTER/CHRISTMAS BREAK	3 Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Steamed Broccoli Cheesy Potato Au Gratin Fresh Baked Roll	4 National Spaghetti Day Main Line: Italian Meat Sauce w/ Pasta Fresh Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Fresh Crisp Lettuce French Fries	5 Stuffed Crust Pizza Pepperoni Garden Green Salad Seasoned Corn Dipping Marinara
8 Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Crispy Baby Carrots Garden Green Salad Macaroni & Cheese Fresh Baked Roll	9 Main Line: Beef Tacos w/ Fixings OR Burrito Refried Beans Chilled Fruit Take Out Line: Chicken Patty Sandwich French Fries	10 Turkey Roast w/ Gravy Sweet Potato Casserole Cauliflower Florets Fresh Baked Roll Take Out Line: Fish Patty Sandwich OR Meatball Sub French Fries	11 National Milk Day Main Line: Homemade Meatloaf Broccoli Crown Florets Creamy Mashed Potatoes Fresh Baked Roll Rice Crispy Treat Take Out Line: Crunchy Mozzarella Sticks Garden Green Salad Crispy Carrot Sticks Fresh Baked Breadstick	12 Hamburger Crisp Lettuce Sliced Tomatoes French Fries
15 MARTIN LUTHER KING HOLIDAY	16 Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Fresh Broccoli Florets Creamy Mashed Potatoes Fresh Baked Roll	17 Main Line: Creamy Chicken Fettuccini Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick Take Out Line: Hamburger French Fries Fresh Lettuce Sliced Tomatoes	18 Main Line: Diced Roasted Turkey Garden Green Salad Russet Potato Broccoli Crown Florets Fresh Baked Roll Fudgy Brownie Take Out Line: Hot Pepperoni Pizza OR Chicken Quesadilla	19 Classic Chicken Sandwich OR Kick'n Chicken Sandwich French Fries Green Leaf Lettuce Baked Beans
22 Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Garden Green Salad Tasty Green Peas Mac-n-Cheese Fresh Baked Roll	23 Main Line: Beefy Burrito Seasoned Corn Fresh Cinnamon Breadstick Take Out Line: Classic Chicken Sandwich OR Kick'n Chicken Sandwich w/ Lettuce and Tomato French Fries	24 Main Line: Southern Chicken Sauce Piquant Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Meatball Sub w/ Marinara French Fries	25 Main Line: Finger Lick'n BBQ Chicken Fresh Crisp Baby Carrots Louisiana Red Beans & Rice Fresh Baked Biscuit Take Out Line: BBQ Chicken Sandwich Crisp Baby Carrots French Fries	26 Hamburger French Fries Crispy Lettuce Sliced Tomatoes
29 Delicious Chicken Tenders OR Spicy Chicken Tenders OR Dipping Chicken Nuggets Garden Green Salad Cheesy Potato Au Gratin Fresh Baked Roll	30 Main Line: Italian Meat Sauce w/ Pasta Fresh Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Fresh Crisp Lettuce French Fries	31 Main Line: Cheesy Chicken Quesadilla Zesty Refried Beans Fruit Crisp Crispy Lettuce Salsa OR Diced Tomatoes Take Out Line: Hot Dog W/Chili Crispy Carrot Sticks French Fries	LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies   Optional Daily Entrée: Non-Fat Flavored Yogurt w/ Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.